



Royal College of
General Practitioners



We are a parkrun practice





If you want to...

- Make friends
- Be part of a community
- Improve your health
- Be active
- Learn new skills

... there's no better place than parkrun!





**Everyone
is welcome**





It's free!





Taking part is easy

Register once at

www.parkrun.org.uk

**Print your barcode and
just turn up**





**Join the parkrun
family today!**

www.parkrun.org.uk





**Speak to the practice
team to find out more**





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